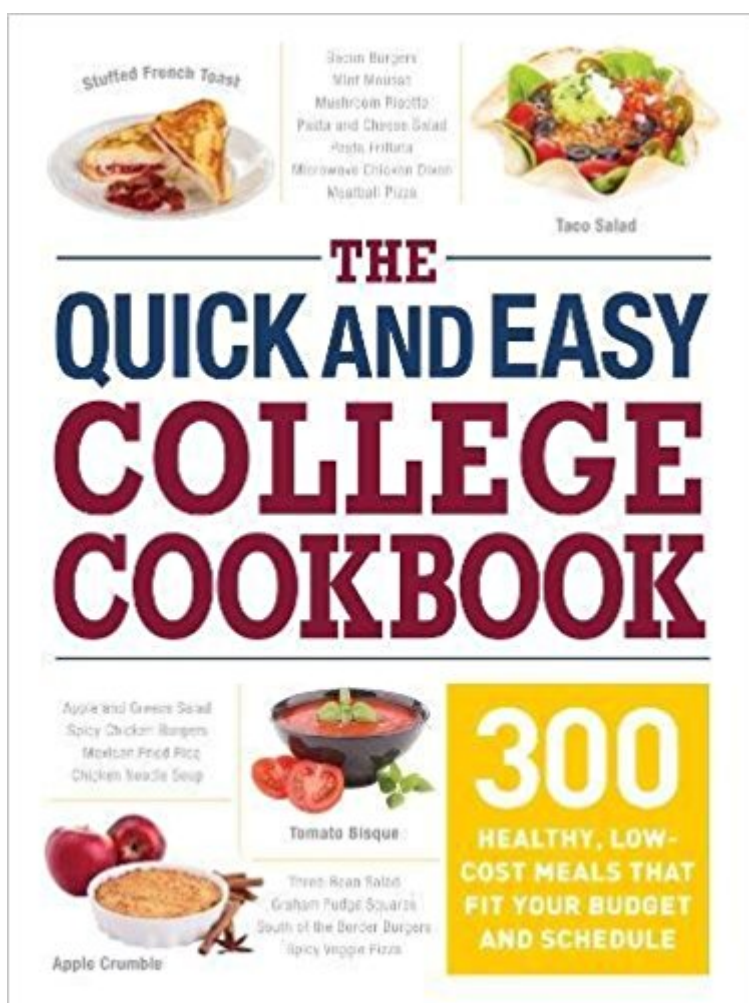


The book was found

The Quick And Easy College Cookbook: 300 Healthy, Low-Cost Meals That Fit Your Budget And Schedule



Synopsis

300 quick, easy, and cheap recipes! College life is busy. While the dining hall or takeout can be convenient, these shortcuts can take a toll on your maxed-out bank account, not to mention your waistline. The Quick and Easy College Cookbook will help you create delicious and healthy recipes in a flash! With low-cost ingredients that still have high nutritional value, you're sure to love cooking up these recipes. The best part? No experience or fully equipped kitchen required! You'll find 300 recipes that range from hearty breakfasts to healthy study-session snacks to fuel an all-nighter. Even first-time cooks will succeed, with the help of a glossary of cooking terms and checklists of essential kitchen equipment and pantry staples. With hundreds of student favorites, like Huevos Rancheros, Korean Spicy Pork Tacos, and Peanut Butter Cups, this cookbook is required reading for any student who likes healthy home cooking.

Book Information

Paperback: 304 pages

Publisher: Adams Media (May 1, 2016)

Language: English

ISBN-10: 1440595232

ISBN-13: 978-1440595233

Product Dimensions: 6 x 0.8 x 8 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 7 customer reviews

Best Sellers Rank: #105,892 in Books (See Top 100 in Books) #61 in [Books > Cookbooks, Food & Wine > Cooking Methods > Budget](#) #445 in [Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy](#) #1962 in [Books > Cookbooks, Food & Wine > Special Diet](#)

Customer Reviews

Adams Media provides helpful, funny, and inspiring books on a wide variety of topics, so no matter who you are, we've got you covered. Our editors are just like you—living, loving, and learning every day. Our personal experiences and expertise in our given book categories allow us to bring you some of the best content on the market—from parenting to relationships, to the paranormal, cooking, and humor—we cover what you care about.

While the recipes were relatively "quick and easy", I don't know that I would put this under the "college" category. I was hoping it would be more appropriate for students cooking for themselves

but most, if not all, had serving sizes of 4,8 and up to 12. I don't know about your students but mine aren't cooking for that many people. I ended up getting another one that had recipes that wouldn't feed half the apartment block.

I bought this as a present for my daughter who is now venturing into cooking. It is a good starter book.

Got this for my daughter and she loves it

This book has a ton of great recipes that are quick and easy. But most of all, cost effective! Great for "poor" college kids!

Had this sent to my granddaughter at college and she loves it! Delivery was quick and I love that it has a gluten free section in the book.

What kind of cook book doesn't have pictures? How am I supposed to know if the food is good if I can't see if it looks good?? The recipes are good though. And easy!

She'll love it

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